

PROFESSIONAL COACHING STAFF

Jodie Bierko	FS, SK, D, CH	613-830-1895
Darlene Joseph	FS, SK, D, CH	613-835-9723
Emery Leger	FS, SK, D, P, CH	819-561-6117
Elizabeth Manley	FS, CH	Contact the club office
Kelly McKinnon	FS, SK, D, CH	613-824-5867
Sheilagh McCaskill	R	613-830-1307
Louise McWade	D	613-443-1333
Debbie Montgomery	FS, SK, D, CH	613-822-6137
Stefanie Partridge	FS, SK, D, CH	613-302-8702
Nathalie Roy	FS, SK, D, CH	613-841-4609
Cathy Skinner	FS, SK, D, CH	613-836-7953
Krista Smith	CH, R	613-837-1488

Area of Coaching Code

FS - FreeSkate, SK - Skating Skills, D - Dance
P - Pairs, CH - Choreography, R - Resource

Mental Training

Kavita Prakash 613-256-0081

Athletic Strength, Conditioning and Ballet (Available for Private or Small Group Lessons)

Kirill Chour 613-298-9951
Meghan Lynch 613-837-5501
Stefanie Partridge 613-302-8702

Private Lessons are to be booked directly with the coach and payment made directly to them.

REGISTRATION

1. Registrations will be processed on a first come first serve basis. Priority will be given to skaters training with GSC year round. Visiting applications will be processed beginning December 3rd, 2009.
2. Payment must be made to GSC by use of **cheque, cash, interact, Visa or MasterCard**. The outlined fee schedule on the registration form must be adhered to. There will be a \$25 late fee for applications received after December 3rd, 2009.
3. There will be **NO rebates, substitutions or make-ups for missed sessions**.

4. GSC reserves the right to change, and/or cancel skaters' ice time depending on registration, and to accommodate special events or other emergency situations.
5. Out of Town skaters **MUST** submit a video at time of registration if they haven't skated at GSC previously.

REFUNDS

1. Refunds will be issued up to one week prior to the start of the program (December 23rd, 2009). There will be a \$25 administration fee applied to all refunds, with the exception of medical refunds.
2. Credits or refunds for medical reasons will be issued, on a pro-rated basis, upon receipt of a medical note to the GSC Office.
3. Program changes (with the exception of additions) are to be requested in writing by submitting a "Program Change Form" to the club office. Each member will be granted **ONE** change per skating school after which a charge of \$15 will be incurred.
4. Any NSF cheque will be charged a \$25 administration fee. A second NSF cheque within one year will result in GSC's refusal to accept any further cheques for a period of one year.

TESTS:

A LETTER OF PERMISSION FROM THE "HOME CLUB" PRESIDENT OR TEST CHAIR MUST ACCOMPANY THE APPLICATION FROM NON-GSC MEMBERS WISHING TO TRY SKATE CANADA TESTS.

OFFICE HOURS: Please call the office at 613-830-1610

Club Administrator: Elke Hickey

Closing Date for Applications:

December 3rd, 2009 @ 2:30pm



Skate
Gloucester Skating Club
Skate Canada Member



2010
WINTER / SPRING
SCHOOL

January 2, 2010 - May 18, 2010

Elizabeth Manley Rink
Roger Senecal Arena

Test Days:

March 10 - 12, 2010
May 19 - 20, 2010

1490 Youville Dr
Orleans, ON K1C 2X8
Tel: (613) 830-1610
Fax: (613) 830-3464

E-Mail: info@gloucesterskatingclub.ca
Website: www.gloucesterskatingclub.ca



GLOUCESTER SKATING CLUB - 2010 WINTER / SPRING SCHOOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	OFF-ICE
Manley Rink	Manley Rink	Manley Rink	Manley Rink	Manley Rink	Manley Rink	CLASSES
2:30 - 3:20	2:30 - 3:20		2:30 - 3:20	2:30 - 3:20	9:30 -9:45	COMPETITIVE
Ticket Ice	Ticket Ice		Ticket Ice	Ticket Ice	Competitive Edge	Monday
3:30 - 4:20	3:30 - 4:20	3:30 - 4:20	3:30 - 4:20	3:30 - 4:20	9:45 -10:45	7:15 -8:05pm
Ticket Ice	Ticket Ice	Ticket Ice	Ticket Ice	Ticket Ice	Competitive Free	Wednesday
						6:20 -7:10
4:30 - 5:20	4:30 - 5:20	4:20 - 5:05	4:30 - 5:20	4:30 - 5:15	10:45 -11:15	Thursday
Adv. StarSkate Free	Primary StarSkate Free	Inter. StarSkate Free	Competitive Free	Competitive Free	Skills / Dance	5:45 - 6:35
5:20 - 5:50	5:20 - 5:30	5:05 - 5:20	5:20 - 5:30	5:25 - 6:15	11:25 -11:40	ADVANCED
Skills / Dance	Primary StarSkate Str	Inter. StarSkate Str	Competitive Spin	Inter. StarSkate Free	Adv. StarSkate Str	Monday
					11:40 - 12:30	6:15 -7:05pm
6:00 - 6:50	7:25 - 8:10		5:40- 6:30	6:15 - 6:35	Adv. StarSkate Free	Tuesday
Primary StarSkate Free	Adv. StarSkate Free		Adv. StarSkate Free	Skills / Dance		6:20 -7:10
6:50 - 7:20	8:10 - 8:20		6:30- 7:15	6:35 - 7:20	12:40 - 12:55	Thursday
Skills / Dance	Adv. StarSkate Str		SPECIAL JUNIORS	Primary StarSkate Free	Inter. StarSkate Str	6:45 -7:35
7:20 - 8:10					12:55 - 1:45	INTERMEDIATE
Inter. StarSkate Free	8:30 -11:20	8:30 -10:20	7:25 - 8:15		Inter. StarSkate Free	Monday
	GREEN MACHINE	FINE LINE	Inter. StarSkate Free		1:45 - 2:15	5:45 -6:15pm
8:20 - 9:10	QUEST		8:15 - 8:35		Skills/ Dance	Wednesday
Competitive Free	Senecal Arena	Senecal Arena	Skills / Dance			5:30 -6:20
9:10 - 9:20	6:00 - 6:50	5:00 - 5:50			2:25 - 3:10	Friday
Competitive Edge/Spin	KALEIDOSCOPE	Competitive Free	8:35 - 9:20		Primary StarSkate Free	6:50 - 7:40
			Open Session		3:10- 3:20	PRIMARY
					Primary StarSkate Str	Monday
						5:15 -5:45pm
COMPETITIVE TRAINING ICE (Ticket Ice)						Tuesday
Available as Competitive Training Ice for Single skaters, Juvenile to Senior.						5:50 -6:20
Purchased as 'Ticket Ice' through the Office or on your Winter School application form.						Friday
						5:10 -6:00

QUALIFICATIONS:

COMPETITIVESKATE:	Passed Pre- Novice Competitive Test or Complete Senior Silver FreeSkate and up.
ADVANCED STARSKATE:	Passed Juvenile Competitive Test or Passed Complete Junior Bronze FreeSkate Test.
INTERMEDIATE STARSKATE:	Passed Complete Preliminary FreeSkate Test or Preliminary Skating Skills.
PRIMARY STARSKATE:	Working on Preliminary Freeskate or Higher
SKILLS / DANCE:	Preliminary and Up
OPEN SESSION:	Open Session for FreeSkate, Dance or Skills

QUEST Synchro: Contact Melissa Gomes at :	Melissa.gomes@cic.gc.ca
KALEIDOSCOPE Synchro: Contact Meredith Rocchi at:	Meredith.rocchi@gmail.com
FINE LINE Synchro: Please contact Catherine Hodgkinson at:	Catherine.hodgkinson@cma.ca
GREEN MACHINE Synchro: Please contact Joni Sleigh at:	jj.sleigh@gmail.com