

PROFESSIONAL COACHING STAFF

| | | |
|--------------------|------------------|-------------------------|
| Jodie Bierko | FS, SK, D, CH | 613-830-1895 |
| Darlene Joseph | FS, SK, D, CH | 613-835-9723 |
| Emery Leger | FS, SK, D, P, CH | 819-561-6117 |
| Elizabeth Manley | FS, CH | Contact the club office |
| Kelly McKinnon | FS, SK, D, CH | 613-824-5867 |
| Sheilagh McCaskill | R | 613-830-1307 |
| Louise McWade | D | 613-443-1333 |
| Debbie Montgomery | FS, SK, D, CH | 613-822-6137 |
| Stefanie Partridge | FS, SK, D, CH | 613-302-8702 |
| Nathalie Roy | FS, SK, D, CH | 613-841-4609 |
| Cathy Skinner | FS, SK, D, CH | 613-836-7953 |
| Krista Smith | CH, R | 613-837-1488 |

Area of Coaching Code

FS - FreeSkate, SK - Skating Skills, D - Dance
P - Pairs, CH - Choreography, R - Resource

Mental Training

Kavita Prakash 613-256-0081

Athletic Strength and Conditioning and Ballet

(Also Available for Private or Small Group Sessions)

Kirill Chour 613-298-9951
Meghan Lynch 613-837-5501
Stefanie Partridge 613-302-8702

Private Lessons are to be booked directly with the coach and payment made directly to them.

REGISTRATION

1. Registrations will be processed on a first come first serve basis. Priority will be given to skaters training with GSC year round. Visiting applications will be processed beginning August 17th, 2009
2. Payment must be made to GSC by use of **cheque, cash, interact, Visa or MasterCard**. The outlined fee schedule on the registration form must be adhered to. There will be a \$25 late fee for applications received after August 17th, 2009.
3. There will be **NO rebates, substitutions or make-ups** for missed sessions.

4. GSC reserves the right to change, and/or cancel skaters' ice time depending on registration, and to accommodate special events or other emergency situations.
5. Out of Town skaters **MUST** submit a video at time of registration if they haven't skated at GSC previously.

REFUNDS

1. Refunds will be issued up to one week prior to the start of the program (August 25th, 2009). There will be a \$25 administration fee applied to all refunds, with the exception of medical refunds.
2. Credits or refunds for medical reasons will be issued, on a pro-rated basis, upon receipt of a medical note to the GSC Office.
3. Program changes (with the exception of additions) are to be requested in writing by submitting a "Program Change Form" to the club office. Each member will be granted **ONE** change per skating school after which a charge of \$15 will be incurred.
4. Any NSF cheque will be charged a \$25 administration fee. A second NSF cheque within one year will result in GSC's refusal to accept any further cheques for a period of one year.

TESTS:

A LETTER OF PERMISSION FROM THE "HOME CLUB" PRESIDENT OR TEST CHAIR MUST ACCOMPANY THE APPLICATION FROM NON-GSC MEMBERS WISHING TO TRY SKATE CANADA TESTS.

OFFICE HOURS: Please call the office at 613-830-1610

Club Administrator: Elke Hickey

Bookkeeper: Susan Clement

Closing Date for Applications:

August 17th, 2009 @ 3:00pm



Skate
Gloucester Skating Club
Skate Canada Member



2009
FALL SCHOOL

September 1st, 2009 -
December 31st, 2009

Elizabeth Manley Rink
Roger Senecal Arena

Test Day:

December 11th, 2009

1490 Youville Dr
Orleans, ON K1C 2X8
Tel: (613) 830-1610
Fax: (613) 830-3464

E-Mail: info@gloucesterskatingclub.ca
Website: www.gloucesterskatingclub.ca



GLOUCESTER SKATING CLUB - 2009 FALL SCHOOL SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | OFF-ICE |
|---|------------------------|-----------------------|------------------------|------------------------|------------------------|---------------------|
| Manley Rink | Manley Rink | Manley Rink | Manley Rink | Manley Rink | Manley Rink | CLASSES |
| 2:30 - 3:20 | 2:30 - 3:20 | | 2:30 - 3:20 | 2:30 - 3:20 | 9:30 -9:45 | COMPETITIVE |
| Ticket Ice | Ticket Ice | | Ticket Ice | Ticket Ice | Competitive Edge | Monday |
| 3:30 - 4:20 | 3:30 - 4:20 | 3:30 - 4:20 | 3:30 - 4:20 | 3:30 - 4:20 | 9:45 -10:45 | 7:15 -8:05pm |
| Ticket Ice | Ticket Ice | Ticket Ice | Ticket Ice | Ticket Ice | Competitive Free | Wednesday |
| | | | | | 10:45 -11:15 | 6:20 -7:10 |
| 4:30 - 5:20 | 4:30 - 5:20 | 4:20 - 5:05 | 4:30 - 5:20 | 4:30 - 5:15 | Skills / Dance | Thursday |
| Adv. StarSkate Free | Primary StarSkate Free | Inter. StarSkate Free | Competitive Free | Competitive Free | | 5:45 - 6:35 |
| 5:20 - 5:50 | 5:20 - 5:30 | 5:05 - 5:20 | 5:20 - 5:30 | | 11:25 -11:40 | ADVANCED |
| Skills / Dance | Primary StarSkate Str | Inter. StarSkate Str | Competitive Spin | | Adv. StarSkate Str | Monday |
| | | | | 5:25 - 6:15 | 11:40 - 12:30 | 6:15 -7:05pm |
| 6:00 - 6:50 | 7:25 - 8:10 | | 5:40- 6:30 | 6:15 - 6:35 | Adv. StarSkate Free | Tuesday |
| Primary StarSkate Free | Adv. StarSkate Free | | Adv. StarSkate Free | Skills / Dance | | 6:20 -7:10 |
| 6:50 - 7:20 | 8:10 - 8:20 | | 6:30- 7:15 | 6:35 - 7:20 | 12:40 - 12:55 | Thursday |
| Skills / Dance | Adv. StarSkate Str | | SPECIAL JUNIORS | Primary StarSkate Free | Int. StarSkate Str | 6:45 -7:35 |
| 7:20 - 8:10 | | | | | 12:55 - 1:45 | INTERMEDIATE |
| Inter. StarSkate Free | 8:30 -10:20 | 8:30 -10:20 | 7:15 - 8:05 | | Inter. StarSkate Free | Monday |
| | GREEN MACHINE | FINE LINE | Inter. StarSkate Free | | 1:45 - 2:15 | 5:45 -6:15 |
| 8:20 - 9:10 | | | 8:05 - 8:25 | | Skills/ Dance | Wednesday |
| Competitive Free | Senecal Arena | Senecal Arena | Skills / Dance | | | 5:30 -6:20 |
| 9:10 - 9:20 | 6:00 - 6:50 | 5:00 - 5:50 | | | 2:25 - 3:10 | Friday |
| Competitive Edge/Spin | KALEIDOSCOPE | Competitive Free | 8:35 - 9:20 | | Primary StarSkate Free | 6:50 - 7:40 |
| | | | Open Session | | 3:10- 3:20 | PRIMARY |
| | | | | | Primary StarSkate Str | Monday |
| | | | | | | 5:15 -5:45 |
| COMPETITIVE TRAINING ICE (Ticket Ice) | | | | | | Tuesday |
| Available as Competitive Training Ice for Single skaters, Juvenile to Senior. | | | | | | 5:50 -6:20 |
| Purchased as 'Ticket Ice' through the Office or on your Fall School application form. | | | | | | Friday |
| | | | | | | 5:10 -6:00 |

QUALIFICATIONS:

COMPETITIVESKATE:

Passed Pre- Novice Competitive Test or Complete Senior Silver FreeSkate and up.

ADVANCED STARSKATE:

Passed Juvenile Competitive Test or Passed Complete Junior Bronze FreeSkate Test.

INTERMEDIATE STARSKATE:

Passed Complete Preliminary FreeSkate Test or Preliminary Skating Skills.

PRIMARY STARSKATE:

Working on Preliminary FreeSkate or Higher

SKILLS / DANCE:

Preliminary and Up

OPEN SESSION:

Open Session for FreeSkate, Dance or Skills

KALEIDOSCOPE Synchro: Please contact Meredith Rocchi at:

Meredith.rocchi@gmail.com

FINE LINE Synchro: Please contact Catherine Hodgkinson at:

Catherine.hodgkinson@cma.ca

GREEN MACHINE Synchro: Please contact Joni Sleigh at:

jj.sleigh@gmail.com