



## **Dear Parents and Skaters,**

The Gloucester Skating Club welcomes everyone to our 2009 Summer Skating School. Please take a few minutes to read this letter to ensure you are informed of important dates and events.

### **Message from the President**

The Gloucester Skating Club and its skaters have had a very busy and productive year. A number of our skaters have skated personal bests and have represented the Gloucester Skating Club at Junior Nationals, Special Olympics World Winter Games, Eastern Challenge, Trillium Cup and All-Ontario Championships. We are very proud of our skaters and their accomplishments. We would also like to thank our coaches for their dedication to skating and making the Gloucester Skating Club the "place to skate". In addition, a special thank you to the volunteers who have put in countless hours to ensure that the club runs smoothly and all events are managed in a professional manner.

The Gloucester Skating Club is a not-for-profit organization, and we always try to offer the best possible rate for our skating programs and ice costs. However, this summer, you will notice an increase in our fees from last year. The City of Ottawa has increased the cost of ice rental this year, and this has resulted in an increase of approximately \$45 more per hour for summer ice rental. The Gloucester Skating Club will continue to do our very best to minimize the impact of these cost increases for our skaters.

### **Pre-Summer and Summer Registration** **Deadline Thursday May 14<sup>th</sup> 2009 - 3:00pm**

All Pre-Summer and Summer Registration forms are now available to be downloaded off the website. Please go to the GSC website ([www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca)) and the tab "Register for Skating Programs" at the top of the page. This tab contains the following documents:

- Pre-Summer Schedule
- Pre-Summer Registration Form
- Summer Brochure/Schedule
- Summer Registration Form
- Medical Information Form
- Media Release Form
- Automatic Credit Card Authorization Form

If you are unable to download the forms off the website you may go to the club office to obtain copies of the documents.

The following forms **MUST** be returned to the club by the registration deadline of Thursday May 14<sup>th</sup>, 2009 at 3:00pm.

- Pre-Summer Registration Form
- Summer Registration Form
- Medical Information Form
- Media Release Form
- Automatic Credit Card Authorization Form (if payment by credit card)

<p>The registration deadline is Thursday May 14<sup>th</sup>, 2009 at 3:00pm.</p>
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### 2009 Summer School Important Dates

#### No Skating

Wednesday July 1<sup>st</sup>, 2009 (Week 1)

Monday August 3<sup>rd</sup>, 2009 (Week 6)

#### Testday

**Tuesday August 11<sup>th</sup>, 2009**

(Dance tests may be required earlier due to Partner availability)

Skaters and parents are encouraged to mark this date on your calendar. Should a skater be required to take a test at another club, the skater will incur additional costs set forth from the other club.

#### Fun Days & Events

The Gloucester Skating Club will be having "Fun and Dress-up Days" during our summer skating school, there will be lots of great prizes to be won. (See Calendar on inside of Brochure)

#### On-Ice Seminars—Guest Coaches

GSC is very pleased to announce that we will be having a total of 4 on-ice and off-ice seminars with Specialized **Guest Coaches**. These "Special Seminar Days" are free of charge to all skaters registered in the 2009 GSC Summer School (Tentative dates: Week of July 6, 13, 20 & August 3rd).

## Additional Information

### Featured Figure Skating Training (On and Off the Ice)

- Daily Off-Ice Classes - Off Ice Jumping, Conditioning, Creative Movement / Dance / Ballet (Included in your Registration Fee)
- On -Ice Power, Edge Classes for all levels (Included in your Registration Fee, includes coaching)
- On -Ice Spin Class (Competitive and Advanced StarSkaters, included in your Registration Fee, includes coaching)
- Dance / Skating Skills (Advanced, Intermediate and Primary StarSkaters, included in your Registration Fee)
- Off-Ice and On-Ice Harness (Available to all Levels)
- Daily Private and Group Lessons (Contact your Coach, coaching fees apply)
- Dartfish Technology for Skill Analysis

Attendance and commitment to an off-ice program has shown to be a major contributor to accelerated skill development and the overall enhancement an athlete's on-ice performance and long term development. Our highly qualified off-ice instructors are also available for private or small group consultations. (**Please see Brochure for contact information**).

Skaters are required to be at the rink 20-30 minutes prior to their on-ice session to do a proper Off-ice warm-up. Please note that any "**Intermediate StarSkaters**" doing the **Advanced / Intermediate Freeskate** and **Intermediate** Session in the summer will attend the "**Advanced**" level Off-ice classes. (Monday to Friday).

### Placement/Movement of Skaters on Sessions

All skaters registered for the 2009 Summer School **must register where they qualify** as of the registration deadline, no exceptions. All sessions will be reviewed as to the number of skaters on the session, the viability of a session and the level of skaters. Skaters will also be assessed by the Professional Coaching Staff to determine any upward movement.

### FundScrip

Register for FundScrip, the program that turns everyday purchases into earnings. This program allows you to earn money on the items that you normally buy on a regular basis while helping to support your athlete's development financially. A win-win situation! For details please check out the Fundscrip tab at [www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca).

### **Summer Gift Item**

All skaters registering for the 2009 GSC Summer School will receive a Stainless Steel GSC Logoed Water bottle.

### **Housing of Skaters**

If you are in need of housing, or are interested in hosting an out of town skater, please contact the club office at 613-830-1610 to notify us of your request and the dates.

### **Youth and Adult Synchronized Skating**

The Gloucester Skating Club has one Youth and two Adult Synchro Skating Teams, for further information on the Synchronized Skating Programs please contact:

**Fine Line** Catherine Hodgkinson at [Catherine.hodgkinson@cma.ca](mailto:Catherine.hodgkinson@cma.ca)

**Green Machine** Joni Sleigh at [jj.sleigh@gmail.com](mailto:jj.sleigh@gmail.com)

**Kaleidoscope (Youth)** Meredith Rocchi at [Meredith.rocchi@gmail.com](mailto:Meredith.rocchi@gmail.com)

In closing, we hope to assist you, as athletes and parents, to accomplish your goals and dreams, allowing you lifelong health, enjoyment and success in the sport of Figure Skating.

**If you feel you could be of assistance to the Gloucester Skating Club, as a Board Member or volunteer, please contact the club office @ 830-1610.**

**Thank you  
The Gloucester Skating Club**

[www.gloucesterskatingclub.ca](http://www.gloucesterskatingclub.ca)